



SEASON 2023/2024
**TUMBLING
WORKSHOPS**



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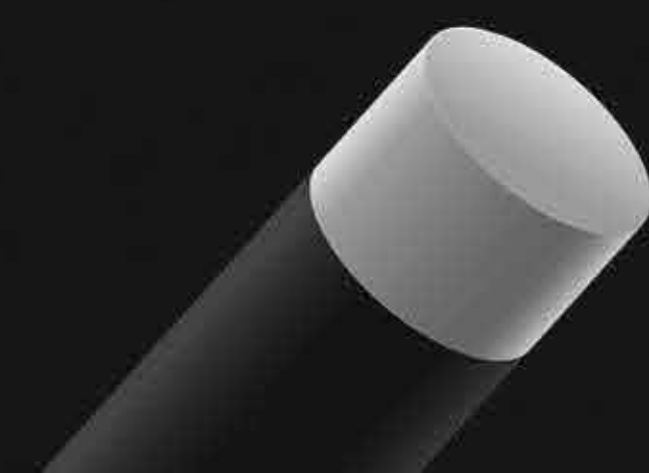
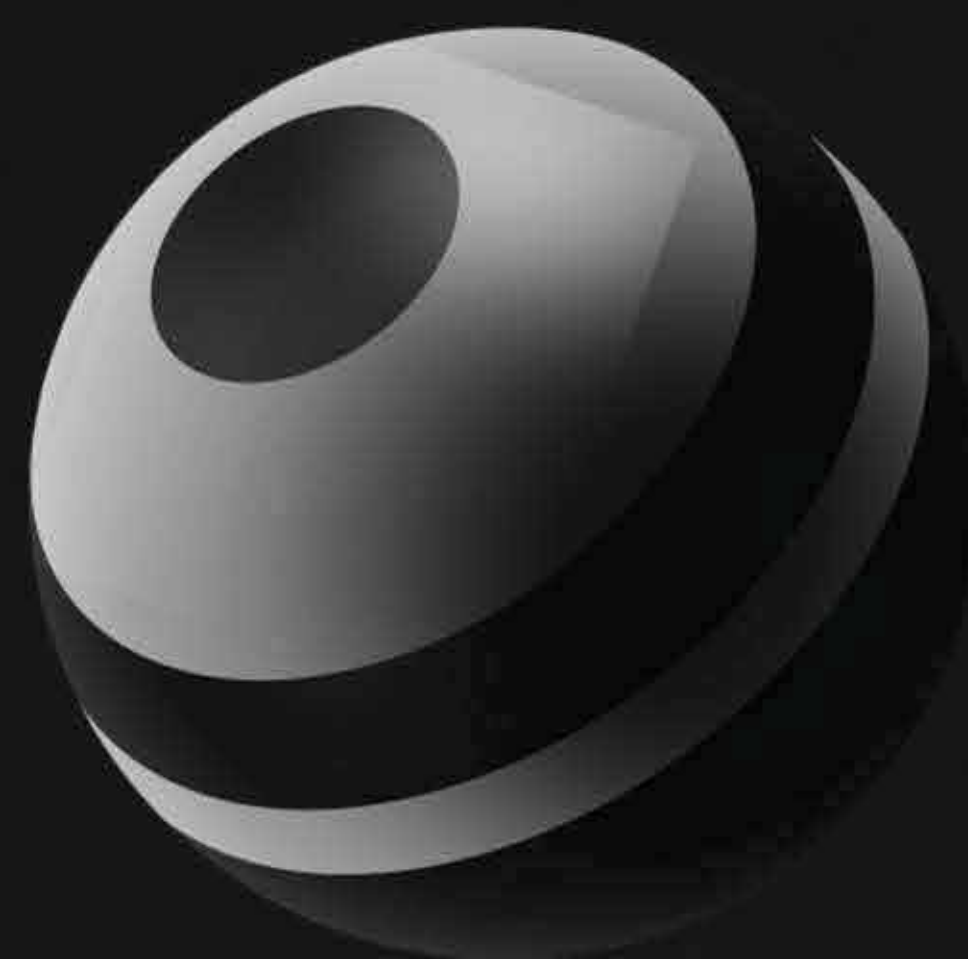
CHARLOTTE FRAZER ————— 01
TUMBLING WORKSHOPS



BEAR DRYLLS ————— 02
TUMBLING WORKSHOPS



CHLOE GIBSON ————— 03
TUMBLING WORKSHOPS





**TUMBLING
WORKSHOPS
CHARLOTTE
FRAZER**

£30 per session

5 AUGUST 23

- 11.00-13.00
BACK HANDSPRINGS

- 13.30-15.30
TUCKS AND LAYOUTS

- 16.00-18.00
TWISTING

26 AUGUST 23

- 9.00-11.00
TUCKS AND LAYOUTS

- 11.30-13.30
TWISTING

7 OCTOBER 23

- 11.00-13.00
BACK HANDSPRINGS

- 13.30-15.30
TUCKS AND LAYOUTS

- 16.00-18.00
TWISTING

4 NOVEMBER 23

- 11.00-13.00
BACK HANDSPRINGS

- 13.00-15.00
TUCKS AND LAYOUTS

- 15.00-17.00
TWISTING

9 DECEMBER 23

- 11.00-13.00
BACK HANDSPRINGS

- 13.30-15.30
TUCKS AND LAYOUTS

- 16.00-18.00
TWISTING

6 JANUARY 24

- 11.00-13.00
BACK HANDSPRINGS

- 13.00-15.00
TUCKS AND LAYOUTS

- 15.00-17.00
TWISTING

24 FEBRUARY 24

- 14.30-16.30
TUCKS AND LAYOUTS

- 16.30-18.30
TWISTING

2 MARCH 24

- 11.00-13.00
BACK HANDSPRINGS

- 13.00-15.00
TUCKS AND LAYOUTS

- 15.00-17.00
TWISTING

29 JUNE 24

- 11.00-13.00
BACK HANDSPRINGS

- 13.00-15.00
TUCKS AND LAYOUTS

- 15.00-17.00
TWISTING



TUMBLING WORKSHOPS BEAR DRYLLS

£30 per session

3 DECEMBER 23

11.00-13.00

BACK HANDSPRINGS

13.30-15.30

TUCKS AND LAYOUTS

16.00-18.00

TWISTING

11 MAY 24

11.00-13.00

BACK HANDSPRINGS

13.30-15.30

TUCKS AND LAYOUTS

16.00-18.00

TWISTING



TUMBLING
WORKSHOPS
**CHLOE
GIBSON**

£22.50 per session

26 AUGUST 23

14.00-15.30
WALKOVERS

16.00-17.30
BACK HANDSPRINGS

23 SEPTEMBER 23

11.00-12.30
WALKOVERS

13.00-14.30
BACK HANDSPRINGS

28 OCTOBER 23

11.00-12.30
WALKOVERS

13.00-14.30
BACK HANDSPRINGS

20 JANUARY 24

11.00-12.30

**WALKOVERS AND
BACK HANDSPRINGS**

24 FEBRUARY 24

11.00-12.30
WALKOVERS

13.00-14.30
BACK HANDSPRINGS

24 MARCH 24

11.00-12.30
WALKOVERS

13.00-14.30
BACK HANDSPRINGS

20 APRIL 24

11.00-12.30
WALKOVERS

13.00-14.30
BACK HANDSPRINGS

12 MAY 24

10.00-11.30
WALKOVERS

30 JUNE 24

10.00-11.30
WALKOVERS



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